

GPTA

You are not alone

Providing support and information for our parents

LEARNING TO BOUNCE NOT BREAK

Don't miss our evening workshop on

BUILDING RESILIENT CHILDREN

You are invited to a special workshop for parents on emotional resilience in adolescence. The focus will be on helping parents pick up on the early signs of mental health difficulties and will provide advice on the early steps in dealing with these issues.

KEYNOTE SPEAKER:

Dr Nihara Krause is a Consultant Clinical Psychologist at Stem 4

(Stem 4 is a Merton based charity which focuses on educating young people and their families on building emotional resilience).

Wednesday 1st March 2017 – 7.00pm

College House – Conference Centre

Come and support the PTA.

The talk will be followed by a brief AGM where you will find out more about the PTA.

Find out what you can do to help

We welcome new parents and new ideas

Refreshments provided.