

GRAVENEY SCHOOL



PE

YEAR 9

Lesson(s) per week	2
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Homework per week	Termly projects
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Staff to contact: C Briggs (Head of PE)

Course content/description

The department follows the PE National Curriculum and offers a range of activities and sports for pupils to develop as a performer, coach and official in. Pupils will be taught:

1. **Football:** progression from year 8, development of coaching skills and introduction to tactical play.
2. **Health related fitness:** fitness test scores obtained in year 8 will be used to measure progress.
3. **Gymnastics and Dance:** Trampolining and exploring ideas and emotions through dance.
4. **Badminton:** development of tactical play in doubles and singles matches.
5. **Tennis.**
6. **OAA:** team building and problem solving activities and development of map reading skills through orienteering.
7. **Striking and Fielding:** Cricket and Softball
8. **Athletics:** Running, Jumping, Throwing: times and distances obtained will be compared to year 7 scores to measure progress.

Assessment

Pupils are given an end of unit level for all activities which is tracked and monitored across their time in key stage three. Their year 9 results will be compared to their year 8 levels to ensure they are making sufficient progress in these areas.

Pupils will be given the opportunity to develop their theoretical knowledge of PE and Sport and will be encouraged to complete written tasks through out the year. These will be delivered in lessons and pupils will complete over the period of one whole unit of work (approx 8 weeks).

At the end of year 9 all pupils sit a 60 minute end of year exam which tests their understanding of both practical and theoretical elements.

It will be similar in structure and content of a typical Short Course GCSE paper and will be used to inform parents of pupils showing both academic and practical ability who would be suitable candidates for the GCSE PE course.

Books/other/materials/visits

All pupils will have the opportunity to represent their house through out the year in a sporting capacity. There are termly interhouse competitions that are inclusive to all abilities.

In year 9 some pupils are permitted to trial as a Wimbledon Ball Boy/Girl. They must show a committed approach to PE and extra curricular sport, be well mannered, well behaved and motivated to work hard.